

PSY-2100: INTRODUCTION TO AGING

Cuyahoga Community College

Viewing: PSY-2100 : Introduction to Aging

Board of Trustees:

2001-06-28

Academic Term:

Fall 2021

Subject Code

PSY - Psychology

Course Number:

2100

Title:

Introduction to Aging

Catalog Description:

Overview of psychological aspects of maturation. Consideration of biological, emotional, perceptual, cognitive and psychosocial conditions encountered in young, middle-aged and senior adults.

Credit Hour(s):

3

Lecture Hour(s):

3

Lab Hour(s):

0

Other Hour(s):

0

Requisites

Prerequisite and Corequisite

PSY-1010 General Psychology, or PSY-101H Honors.

Outcomes

Course Outcome(s):

N/A

Objective(s):

1. Demonstrate knowledge of major theories of adult development.
 2. Demonstrate knowledge of the methodology used to study adult maturation and apply this knowledge to the evaluation of research on adulthood.
 3. Demonstrate knowledge of the major life concerns of young, middle-aged, and senior adults to include biological, emotional, perceptual and cognitive, and psychosocial.
 4. Distinguish between pathological and normal change associated with the maturation process.
 5. Recognize the role of culture in shaping the adult life experience.
 6. Recognize the various factors that contribute to physical and emotional health during adulthood.
 7. Demonstrate knowledge of the theories of the causes of aging.
 8. Develop more effective approaches to interactions with adults of varying ages based on knowledge of adult development.
 9. Analyze society's attitudes, values and/or practices with respect to adulthood and aging and contrast the perspectives of diverse cultures.
 10. Appreciate the importance of valid research as a basis for responding to claims about adulthood and aging.
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Methods of Evaluation:

1. Objective or essay exams
2. Written research or project reports
3. Oral reports
4. Multimedia presentation
5. Designated evaluator observation (e.g. instructor or activity supervisor) and activity report
6. Other methods selected by the instructor

Course Content Outline:

1. Introduction to aging
 - a. Scope: adult developmental theories (Erickson)
 - b. Methodology
2. Biological concomitants of aging
 - a. Biological characteristics of young, middle-aged, and senior adults
 - i. sensation and perception
 - ii. motor abilities and performance
 - iii. hormonal characteristics and behavior
 - iv. central nervous system characteristics and behavior
 - b. Factors influencing health maintenance
 - c. Factors influencing biological deterioration
 - i. sickness
 - ii. death
 - d. Factors influencing healing
3. Emotion among young, middle-aged, and senior adults
 - a. Cross-cultural attitudes and values
 - i. towards self and others
 - ii. towards living and dying
 - iii. towards personal and social responsibilities
 - iv. towards change: personal and world
 - b. Affect and impulse control
 - c. Emotional health
 - i. characteristics
 - ii. factors influencing development and maintenance
 - d. Emotional illness
 - i. incidences and demographics
 - ii. causes
 - iii. treatment and prognosis
4. Perceptual and cognitive behavior among young, middle-aged, and senior adults
 - a. Information processing abilities
 - i. perceptual discrimination
 - ii. memory
 - iii. learning
 - b. Problem solving and decision making
 - c. Intelligence
 - d. Creativity
 - e. Perceptual and cognitive disorders
5. Cross-cultural psychosocial behavior among young, middle-aged, and senior adults
 - a. Universal paradigm
 - i. the self concept
 - ii. the nature of the universe/other
 - iii. the relation between self and other
 - iv. the meaning and purpose of life
 - v. views on death and the hereafter
 - b. Interpersonal relationships
 - i. friendship
 - ii. intimacy
 - iii. family role-relationships
 - iv. societal roles and responsibility
 - v. antisocial behavior

1. courtship and marriage(
2. loss: separation, divorce, and death of spouse
3. alternative living
4. children
5. in-laws
6. parents
7. leadership
8. work and retirement
9. prosocial behavior
10. nature and incidences
11. factors influencing development and maintenance

Resources

Atchley, Robert C. *Social Forces and Aging*. Wadsworth, 1997.

Schale, K. W., and S. L. Willis. *Adult Development and Aging*. Harper-Collins, 1991.

Resources Other

1. Developmental journals
2. Gerontology videos and journals.

Instructional Services

OAN Number:

Ohio Transfer 36 TMSBS and Transfer Assurance Guide OSS047

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Key: 3807