

PSY-2081: PSYCHOPATHOLOGY

Cuyahoga Community College

Viewing: PSY-2081 : Psychopathology

Board of Trustees:

May 2025

Academic Term:

Fall 2025

Subject Code

PSY - Psychology

Course Number:

2081

Title:

Psychopathology

Catalog Description:

Descriptive survey of behavioral and psychological disorders. Topics include past and present views of human behavior; diagnostic and assessment procedures; and classification, causes, prevention and treatment of disorders.

Credit Hour(s):

3

Lecture Hour(s):

3

Lab Hour(s):

0

Other Hour(s):

0

Requisites

Prerequisite and Corequisite

PSY-1010 General Psychology, or PSY-101H Honors General Psychology.

Outcomes

Course Outcome(s):

Demonstrate knowledge of major contemporary theoretical and historical perspectives of mental health disorders.

Objective(s):

1. Identify and differentiate the different perspectives of mental health disorders: biological, psychological, sociological, and sociocultural.
2. Discuss the historical view of mental health disorders, diagnosis, and treatment.
3. Identify and evaluate empirically sound information sources that demonstrate evidence of a holistic perspective of mental health disorders.

Course Outcome(s):

Demonstrate knowledge of the etiology, definition, classification, diagnosis, and treatment of mental health disorders.

Essential Learning Outcome Mapping:

Critical/Creative Thinking: Analyze, evaluate, and synthesize information in order to consider problems/ideas and transform them in innovative or imaginative ways.

Cultural Sensitivity: Demonstrate sensitivity to the beliefs, views, values, and practices of cultures within and beyond the United States.

Objective(s):

1. Demonstrate knowledge of how psychopathology is defined and classified.
2. Explain various procedures, qualitative and quantitative research methods, and assessments used to identify and treat mental health disorders.
3. Describe the psychiatric classification system and diagnostic decision making in hypothetical cases.
4. Develop an understanding of the major treatment approaches and techniques.
5. Recognize the cultural variations in the etiology, diagnosis, and treatment of psychological disorders.
6. Evaluate the objectivity, reliability, and validity of the classification system used in diagnosing mental health disorders.

Course Outcome(s):

Demonstrate knowledge of ethics surrounding psychological disorders.

Essential Learning Outcome Mapping:

Cultural Sensitivity: Demonstrate sensitivity to the beliefs, views, values, and practices of cultures within and beyond the United States.

Objective(s):

1. Develop an understanding of the ethical issues related to the treatment of those diagnosed with mental health disorders.
2. Recognize the legal issues related to the treatment of those diagnosed with mental health disorders.
3. Identify the common misconceptions and how to reduce the stigma often associated with mental health disorders.

Methods of Evaluation:

1. Objective or essay examinations
2. Written research or project reports
3. Oral reports
4. Multimedia presentations
5. Case study conceptualizations
6. Other methods selected by the instructor

Course Content Outline:

1. Study of psychopathology
 - a. Defining psychopathology
 - b. Incidence
 - c. Historical perspective
 - d. Scientific methods
 - e. Destigmatizing mental health disorders
2. Models of pathology
 - a. Biological psychogenic
 - b. Psychodynamic
 - c. Behavioral
 - d. Humanistic
 - e. Cognitive
 - f. Sociocultural
3. Classification and assessment
 - a. DSM-5
 - b. Behavioral observation
 - c. Interviews
 - d. Psychological tests
4. Psychological disorders, etiology, and symptomology
 - a. Anxiety and obsessive-compulsive disorders
 - b. Trauma and stressor-related disorders
 - c. Somatic disorders

- d. Dissociative disorders
- e. Depressive disorders
- f. Bipolar disorders
- g. Personality disorders
- h. Eating disorders
 - i. Disorders of childhood and adolescence
 - j. Schizophrenia spectrum disorders
- k. Sexual dysfunctions
 - l. Gender dysphoria
- m. Paraphilic disorders
- n. Developmental disorders
- o. Neurocognitive disorders
- p. Sleep-wake disorders
- q. Substance use disorders
 - r. Addictive disorders
 - s. Suicide prevention
- 5. Prevention, treatment, and intervention programs
 - a. Psychodynamic interventions
 - b. Biological interventions
 - c. Behavioral interventions
 - d. Cognitive interventions
 - e. Humanistic interventions
 - f. Group therapy
 - g. Family therapy
 - h. Prevention programs
- 6. Ethical and legal considerations
 - a. Ethics in mental health
 - b. Legal issues and standards

Resources

Comer, R. J., & Comer, J. S. (2022) *Fundamentals of abnormal psychology (10th ed.)*, New York, NY: Worth Publishers.

American Psychiatric Association. (2022) *Diagnostic and statistical manual of mental disorders (5th ed., text rev.)*, <https://doi.org/10.1176/appi.books.9780890425787>

Cuyahoga Community College. (n.d.) *Psychology Research Guide*, <https://libguides.tri-c.edu/psychology>

National Alliance on Mental Illness. (n.d.) <https://www.nami.org/Home>

National Institute of Mental Health. (n.d.) <https://www.nimh.nih.gov/index.shtml>

Sue, D., Sue, D. W., Sue, D. M., & Sue, S. (2025) *Understanding psychological disorders (enhanced 12th ed.)*, Cengage.

Resources Other

1. Tri-C Research Guide: Psychology (<https://libguides.tri-c.edu/psychology>)
2. Tri-C Research Guide: Mental Health (<https://libguides.tri-c.edu/mentalhealth>)
3. Help Is Here: Cuyahoga Community College's Mental Wellness and Suicide Prevention (<http://www.tri-c.edu/helpishere>)
4. Mental Health Channel TV (<http://www.mentalhealthchannel.tv/episodes>)

Instructional Services

OAN Number:

Ohio Transfer 36 TMSBS and Transfer Assurance Guide OSS017

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