

PSY-1010: GENERAL PSYCHOLOGY

Cuyahoga Community College

Viewing: PSY-1010 : General Psychology

Board of Trustees:

10/26/2023

Academic Term:

Fall 2024

Subject Code

PSY - Psychology

Course Number:

1010

Title:

General Psychology

Catalog Description:

Survey course which examines the complex individual, the many factors believed to drive the individual, and the resulting behavior. Application of the scientific method as a tool in the discovery of individual functioning.

Credit Hour(s):

3

Lecture Hour(s):

3

Lab Hour(s):

0

Other Hour(s):

0

Requisites

Prerequisite and Corequisite

ENG-0995 Applied College Literacies, or appropriate score on English Placement Test; or departmental approval.

Note: ENG-0990 Language Fundamentals II taken prior to Fall 2021 will also meet prerequisite requirements.

Outcomes

Course Outcome(s):

Evaluate the scientific study of human behavior and cognition.

Essential Learning Outcome Mapping:

Critical/Creative Thinking: Analyze, evaluate, and synthesize information in order to consider problems/ideas and transform them in innovative or imaginative ways.

Objective(s):

1. Describe the key theories, principles, and concepts relevant to the biology of behavior, being sure to also include the topic(s) of sensation and/or consciousness.
2. Describe the key theories, principles, and concepts relevant to cognitive psychology, being sure to include the topic of memory and (at least one of the following) cognition, perception, and/or intelligence.
3. Describe the key theories, principles, and concepts relevant to learning and developmental psychology.
4. Describe the key theories, principles, and concepts relevant to social psychology and personality, which may also include the topic(s) of emotion, gender, and/or motivation.
5. Describe the key theories, principles, and concepts relevant to psychopathology, being sure to also include the topic(s) of health and/or therapies.

Course Outcome(s):

Describe and evaluate various methodologies used in psychological research.

Essential Learning Outcome Mapping:

Critical/Creative Thinking: Analyze, evaluate, and synthesize information in order to consider problems/ideas and transform them in innovative or imaginative ways.

Objective(s):

1. Describe the scientific method and identify how it applies to the study of psychology.
2. Describe the various quantitative and qualitative methodologies used in psychological research, and describe the key concepts relevant to each.

Course Outcome(s):

Apply basic psychological principles to human history, current events, and daily human experience.

Essential Learning Outcome Mapping:

Critical/Creative Thinking: Analyze, evaluate, and synthesize information in order to consider problems/ideas and transform them in innovative or imaginative ways.

Information Literacy: Acquire, evaluate, and use information from credible sources in order to meet information needs for a specific research purpose.

Written Communication: Demonstrate effective written communication for an intended audience that follows genre/disciplinary conventions that reflect clarity, organization, and editing skills.

Objective(s):

1. Evaluate how psychological concepts relate to real-world experiences.
2. Assess your own beliefs and assumptions about human behavior by incorporating psychological research.

Course Outcome(s):

Recognize diversity and individual differences and similarities in a variety of contexts.

Essential Learning Outcome Mapping:

Cultural Sensitivity: Demonstrate sensitivity to the beliefs, views, values, and practices of cultures within and beyond the United States.

Objective(s):

1. Identify how societal/cultural expectations relate to human behavior and cognition.
2. Identify how various demographic features, such as age, gender, ethnicity, race, and sexual orientation, relate to similarities and differences in human behavior and cognition.

Course Outcome(s):

Assess and critically analyze theories, research methods and findings (outcomes), and applications developed by psychologists and made available through textbooks, newspapers, professional and lay periodicals, and the Internet.

Essential Learning Outcome Mapping:

Critical/Creative Thinking: Analyze, evaluate, and synthesize information in order to consider problems/ideas and transform them in innovative or imaginative ways.

Written Communication: Demonstrate effective written communication for an intended audience that follows genre/disciplinary conventions that reflect clarity, organization, and editing skills.

Objective(s):

1. Identify the distinguishing features of reliable information versus unreliable information.
2. Analyze the assumptions and evidence that others use when making claims about human behavior and cognition.
3. Evaluate the objectivity, reliability, and validity of information and recognize the importance of doing so as a consumer of information.

Course Outcome(s):

Recognize ethical considerations as applied to conducting research and professional conduct.

Essential Learning Outcome Mapping:

Critical/Creative Thinking: Analyze, evaluate, and synthesize information in order to consider problems/ideas and transform them in innovative or imaginative ways.

Objective(s):

1. Identify the primary ethical issues in the discipline of psychology.
2. Identify the ways psychological research involving humans is regulated.

Methods of Evaluation:

1. Objective or essay examinations
2. Written research or project reports
3. Oral reports
4. Multimedia presentations
5. Designated evaluator observation (e.g. instructor or activity supervisor) and activity reports

Course Content Outline:

1. The Science of Psychology
 - a. What is Psychology?
 - b. Critical Thinking
 - c. Scientific Research
 - i. Research methods
 - ii. Ethical considerations
2. Biology of Behavior
 - a. Overview of the Nervous System
 - b. Neurons
 - i. Anatomy of neurons
 - ii. Transmission of information through and between neurons
 - c. The Brain
 - i. Anatomy of the brain
 - ii. Functionality of brain structures and systems
3. Sensation and/or Consciousness
 - a. Sensation (*if included*)
 - i. Vision
 - ii. Hearing
 - iii. Other senses
 - b. Consciousness (*if included*)
 - i. What is consciousness?
 - ii. Sleep
 - iii. Psychoactive drugs
 - iv. Other states of consciousness
4. Memory
 - a. Types of Memory
 - b. Information Processing
 - c. Forgetting
 - d. Ways to Enhance Memory
5. Cognition, Perception, and/or Intelligence
 - a. Cognition (*if included*)
 - i. What is cognition?
 - ii. Problem-solving
 - iii. Decision making
 - b. Perception (*if included*)

- i. Visual perception
 - ii. Auditory perception
 - iii. Perceptual illusions
- c. Intelligence (*if included*)
 - i. Measuring intelligence
 - ii. Types of intelligence
- 6. Learning
 - a. What is Learning?
 - b. Classical Conditioning
 - i. Unconditioned stimulus and unconditioned response
 - ii. Conditioned stimulus and conditioned response
 - c. Operant Conditioning
 - i. Positive and negative reinforcement
 - ii. Positive and negative punishment
 - iii. Shaping
 - d. Observational Learning
- 7. Lifespan Development
 - a. What is Lifespan Development?
 - b. Stages of Development
 - c. Lifespan Theories
- 8. Social Psychology
 - a. What is Social Psychology?
 - b. Social Cognition
 - i. Attitudes and perceptions
 - c. Social Behavior
 - i. Aggression
 - ii. Prosocial behavior
 - iii. Prejudice and discrimination
 - d. Social Influence
 - i. Conformity
 - ii. Obedience
- 9. Personality
 - a. What is Personality?
 - b. Theories of Personality
 - c. Influence of Personality
 - d. Personality Assessments
- 10. Psychological Disorders
 - a. Mental Health versus Mental Illness
 - b. Diagnosing Psychological Disorders
 - c. Anxiety and Anxiety-related Disorders
 - d. Mood Disorders
 - i. Major depression
 - ii. Bipolar disorder
 - e. Eating Disorders
 - i. Anorexia nervosa
 - ii. Bulimia nervosa
 - f. Schizophrenia
- 11. Health and/or Therapies
 - a. Health (*if included*)
 - i. Stressors
 - ii. Stress and physical health
 - iii. Coping
 - b. Therapies (*if included*)
 - i. Biomedical therapies
 - ii. Psychotherapies
 - iii. Effectiveness of therapies

Resources

American Psychiatric Association. *Diagnostic and Statistical Manual of Mental Disorders, Revision DSM-5-TR*. 5th ed-TR. Washington, DC: American Psychiatric Association, 2022.

Ciccarelli, Saundra and J. Noland White. *Psychology*. 6th ed. Pearson Education, 2022.

Hockenbury, Sandra E., Don H. Hockenbury, and Susan A. Nolan. *Psychology*. 9th ed. New York, NY: Worth Publishers, 2022.

Sternberg, Robert J. *Career Paths in Psychology: Where Your Degree Can Take You*. 3rd ed. Washington, D.C. American Psychological Association, 2017.

Wade, Carole and Tavris, Carol. *Invitation to Psychology*. 12th ed. 2017.

Lumen Learning. (2022) *Introduction to Psychology*, <https://courses.lumenlearning.com/waymaker-psychology/>

Instructional Services

OAN Number:

Ohio Transfer 36 TMSBS and Transfer Assurance Guide OSS015

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